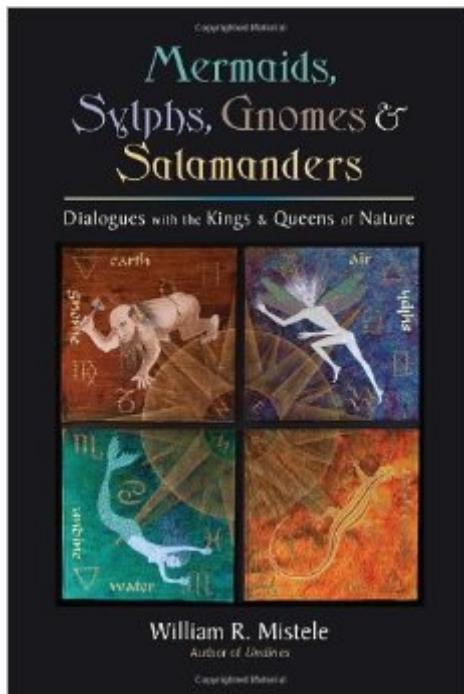


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# Mermaids, Sylphs, Gnomes, And Salamanders: Dialogues With The Kings And Queens Of Nature



## Synopsis

Although the spirit beings of the four elements of nature have been represented in literature, religion, and folk tales, descriptions of these creatures have been vague, and direct experience with them is quite rare. Yet each of the four elemental kingdoms offers great gifts to humanity, if we are willing to recognize that the psychological and spiritual qualities they embody are already inherent in human nature. Mermaids dwell in the oceans, lakes, and rivers. They offer love and sharing, a sense of wonder, beauty, and innocence. Sylphs roam the sky; they represent harmony, balance, and the attainment of freedom. Gnomes live underground. Their quiet inner wisdom banishes depression and sorrow. Salamanders dwell in volcanoes and vast caverns of magma beneath the earth. They offer the power of intense heat to refine, transform, and integrate. Who are these mysterious creatures of water, air, earth, and fire? Author William Mistele has devoted a significant portion of his life to finding out. Addressing the perennial questions Why are we here? What is the deepest purpose of life? What are our options?, Mermaids, Sylphs, Gnomes, and Salamanders takes the reader directly into the realms of these spirits, telling stories from their perspective. Weaving together fairy tales and poems, thoughtful analysis, and meditative exercises, Mistele illuminates the qualities these beings have mastered and humanity must begin to embrace: empathy, an inner peace with the universe, a divine level of sensuality, and a love that is everywhere in every moment.

## Book Information

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## Customer Reviews

"The Universe is on the verge of exploding because of the joy it contains" - the Sylph Cargoste as

told to William R. Mistele William Mistele's second book brings his readers remarkable interviews with spirits of the astral world, the elementals. In his first book, Undines: Lessons from the Realm of the Water Spirits, Mistele reveals the secrets of mermaids, but this book goes farther with discussions by the other magical creatures that inhabit the part of the universe that is normally unseen. His expertise in contacting the elementals comes from Mistele's decades of study of the esoteric, especially the writings of Czech magician Frantz Bardon. It should be noted that Bardon's writings teach an extremely advanced system of transpersonal psychology, not the dark magick sometimes espoused by other hermetic traditions. Each of the sections of the books can be read independently, and the interviews are interspersed with Mistele's poetry and fables. The chapter, "Caelius Aurelius Luscus and the Mermaid" is a fable that stands alone. It is about a mermaid who left her own realm and acquired a human soul. The story is so enchanting it could be a child's storybook. As a lover of crystals, rocks, and minerals, I was particularly drawn to the Part III on gnomes. The gnome Metafil is a master of earth magic, and delineates the metals of the planets for us. Silver is the metal of the moon, brass the metal of Mercury, copper for Venus, gold is the metal of the Sun, iron for Mars, tin for Jupiter, lead is the metal of Saturn, zinc for Uranus, and strontium is the metal of Neptune.

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